

## Aqua Gold Microchannel Pre & Post Care

Aquagold is a micro-infusion facial device for a luxury supercharged facial to feed and nourish the skin from within. Your clinician will create a specially formulated cocktail, tailored to your personal skin needs for the ultimate skin nourishment. The Aquagold facial treatment is ideal as a pre-event skin prep for Brides-to-be, parties or red carpet events, making it a Hollywood and A-list favorite.

The Aquagold fine touch facial uses twenty 24-carat gold screw thread and hair fine needles to deliver a bespoke cocktail of ingredients, tailored by your clinician for your personal skin goals. The microinfusion facial device is applied to the skin in a gentle stamping motion to deliver the tailored Aquagold cocktails into the skin. This treatment is not recommended if you have an important event within 10-12 days of treatment due to short-term redness.

Ingredients may include hyaluronic acid, vitamins, stem cells, antioxidants, toxins (micro-tox), autologous conditioned plasma, and peptides which are delivered into the skin as the device creates 1000's of micro-infusion sites.

The Aquagold facial device will target fine lines and wrinkles, smooths crow's feet, refines pores, target pigmentation, acne scarring, dryness, tone, texture, boost hydration and luminosity for a glow that lasts up to 4 weeks.

### Pre-Treatment

- Schedule your treatment at a time when minor redness will not disrupt your social obligations
- Please arrive 30 minutes early for your appointment so that you can have time to be adequately numb. Please inform your provider if you have allergies to numbing medications, including lidocaine
- Avoid any skin treatments such as electrolysis, waxing, IPL, or microdermabrasion in the 4 weeks prior to your treatment

### 7 days before

- Discontinue the use of NSAIDS (Advil, Aleve, Aspirin Motrin, etc), fish/flax oil, herbal supplements (e.g. garlic, ginseng, ginkgo biloba, St. John's Wort, omega-3) and vitamin E or any other blood thinning supplements one week before treatment to minimize bruising or bleeding. Please consult with your primary physician prior to discontinuing any prescribed blood thinning medications
- Make sure the office or your provider is aware if you want to add PRP (Platelet Rich Plasma) to your session. PRP enhances results by using your blood's natural rejuvenating properties such as increased cell repair and collagen production

### 24 hours before

- Avoid alcohol, caffeine, niacin supplement, high-sodium foods, high sugar foods, refined carbohydrates, and spicy foods
- Please do not wear makeup on the day of treatment on the area being treated

### What to Expect

- There may be bruising which is rare, which is usually minimal, and pinhead sized. It may last for 1-5 days
- The skin may also feel dry and tight
- AquaGold is best done 1-3 weeks prior to any event and can be expected to last up to 3-4 months
- Most patients will have no downtime following their treatment. Over the next 14 days you will notice a softer, more youthful glow. We do encourage patients to avoid direct sun exposure for 48 hours, although normal activities can be resumed immediately leaving the office

### Post-Treatment

- Do not apply anything to your skin for 6 hours post treatment
- Do not rub or massage the treated area for 6 hours after your treatment
- Do not apply makeup to the area treated until tomorrow. This will reduce your risk of infection
- For 24 hours post-treatment: avoid, exercise, facials/saunas, alcohol
- Avoid airplane travel for 3 days post-treatment

The Aquagold fine touch treatment can be had as often as every 4 weeks or as and when you want a skin nourishment boost.

Although rare, infection in the injected area is possible. Signs of infection may include redness and tenderness in the infected area and fever. Should you develop an infection, antibiotics may be necessary. Please contact us should you have any concerns.

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